



ISSUE 2 | APRIL - JUNE 2021

# Pertapis Newsletter

happy mothers  
day ♡ 🌸



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Showcased their creativity to design

### **PERTAPIS IS GREEN**

PSCFH reused materials for their Art Therapy program

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Deliver bento sets and food ration

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Wrote heartfelt messages for their mothers/care givers

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To improve their current predicament through skills upgrading



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# Children's Home

## Iftar Sponsors during Ramadhan (26th, 28th & 29th Apr)

PERTAPIS Children's Home is extremely fortunate to be showered with sponsorship of Iftar's food during the blessed month of Ramadan. Even during these trying times with the COVID situation, we still have kind-hearted and generous sponsors from members of the public and corporates such as BCD Travel and KFC. Staff and their families also took the opportunity to contribute food, energy and time having Iftar with the residents.



# Children's Home

## **BCD Travel - Iftar @ PCH** (28th April)

Our long-time volunteer, BCD Travel, sponsored pizzas and some desserts for Iftar. New volunteers were also introduced to the home where they had a friendly chat with the residents. Lots of encouraging words and useful advice were exchanged between them. The residents welcomed their presence with great joy. Not only the residents get to enjoy the good food, they also get to communicate and build relationship with the volunteers, which plays an important role in moulding a child's character!



## **KFC Cares - Iftar @ PCH** (29th April)

KFC Cares sponsored the Iftar's food and gave away Hari Raya goody bags. They also prepared some performances such as balloon sculpture, magic show and extra ordinary bubble performance that excites the residents. Some residents even readily volunteered to be part of the bubble show. The residents were very responsive and hype up. They had a lot of fun and were very grateful for their presence as it managed to lift up their spirits.



# Children's Home

## Nuzul Quran (30th April)

Also known as the Quran Revelation Day, this eventful day falls on every 17th Ramadan. Two residents showed their dedication by taking part in reciting the Quran on that day. Besides reciting the



Quran, Nuzul Quran also reminds us on the importance of understanding and appreciating the meaning of its content. This important and noble event is usually commemorated by Muslims all over the world and PCH definitely do not want to miss the opportunity!

## Hari Raya Card Making (7th May)

It was only a week away from Hari Raya and the residents spent the day to design Hari Raya Cards for their loved ones.

They crafted Hari Raya messages in the cards to wish their recipients a blessed Hari Raya and to seek their forgiveness. Hari Raya songs was played in the background to hype up the Hari Raya mood.



# Children's Home

## Born Chef (10th May)

In the mood of Hari Raya, the residents got to experience making their own Kuih Raya which was led by our own In-House Chef Nashra. Most of the Residents participated and was elated to get a bottle of their own Kuih either to bring home for home leave or eating them at PCH.



## Henna Drawing (11th May)

On 11th May, we had volunteers coming in to have Henna sessions with the residents. Most of the girls' residents participated and enjoyed themselves, showing off their designs to each other.

It lifted their spirits and mood for the coming Hari Raya.



### **Takbir Raya & Fireworks on the Eve of Hari Raya with SIA Volunteers** (12th May)

On the eve of Hari Raya, we welcomed volunteers from SIA to spend some time with our residents. The volunteers sponsored the Hari Raya dishes and break their fast with the residents. After that, the volunteers and residents performed the Maghrib prayers and proceed for the Takbir Raya lead by our Moral Educator Zulkarnain.

The Takbir is an Arabic word which essentially means to proclaim the greatness of Allah. It is recited on the eve and morning of Hari Raya to celebrate and give thanks to Allah for giving us the opportunity and ability to fast in Ramadhan. It is recited in sentimental melody to capture the heartfelt and sweet moments of victory after one month of fasting and striving to be the best version of ourselves.

After reciting the Takbir, the residents played fireworks with the volunteers. We are grateful to have the SIA volunteers to liven up the eve of Hari Raya, as the residents got to enjoy themselves as we played and sang the Raya songs, lighted the fireworks, eat the Kuih and seek forgiveness from one another; bringing back memories of the kampung days.





## Sharing Notes:

so very  
thankful

**Spend time with your children.  
They are only loaned to you  
for a short while.**

## Pot Painting @ PCH (27th May)

The residents got their creativity cap on during the pot painting activity. Hands were dirtied but their minds were engaged, as the residents showcased their creative and crafty minds to design beautiful paintings on the pots. The pots that they designed will then be used for gardening session.



## Indoor Gardening (31th May)

Having to stay indoors does not dampen our spirits to Go Green. With the especially unique painted pots, residents chose their seeds and planted it with tender loving care. They are taught the meaning of responsibility and patience as they watered their plants daily and taking care of it till the shoots appear.





# Children's Home

## **Science Project**

(1st June)

Residents got their hands dirty, put on a thinking cap and enjoyed the science experiment. They made their volcanoes using recycled bottles and plasticine. Mixing the soap, baking soda and colored water; they managed to get the lava flowing out of their volcanoes.

## **Designing Gift Wrap Bags**

(3rd June)

Residents spend their afternoon and showcased their creativity to design thank you gift bags which will be given out to volunteers. Best designs were given prizes.

## **Making Tamiya Cars**

(9th June)

Residents had the opportunity to construct their own Tamiya Cars. It was a fun and educational activity for them where they got to learn the names and functions of the different parts to get the car moving. After fixing the car, they fixed the track and get to challenge one another.

## **Shaving Cream Marbling**

(10th June)

The residents were engaged in an art session using shaving cream, paints and papers. They were taught to do marbling using these materials, and colours were mixed to form very intriguing designs.

# Children's Home

## Science Project



## Designing Gift Wrap Bags



## Making Tamiya Cars



## Shaving Cream Marbling





# Children's Home

## **Born Chef**

(11th & 15th June)

This has always been the most anticipated program by the residents. They just love to learn how to cook and tasting their own food. We managed to do two sessions. One cooking the Spaghetti Bolognese and the other session making Shepherd Pie.

## **Ice Cream Topping**

(11th June)

Another activity that residents enjoyed so much is creating their own toppings on their ice cream. They did it with lots of fun and ate them like they were in a restaurant.

## **Character Building Programme**

(19th & 26th June)

Youths from Masjid Haji Yusoff came in for 2 days to conduct a Character Building Programme for the residents. The programme helps residents to identify their own potential and to learn teamwork. The residents enjoyed themselves as they interact and played games in teams according to their zones.

## **Indoor Laser Tag**

(21st to 23rd June)

Working as a team and thinking of strategies to defeat the opponent, both boys and girls had a lot of fun challenging one another. They were asking for this again even before it ends.

# Children's Home

## Born Chef



## Ice Cream Topping



## Character Building Programme



## Indoor Laser Tag



# Centre for Women & Girls

## Hari Raya clothes shopping

(10th, 17th & 24th April)

Madam Sophie, our annual Raya outfit donor has once again reached out to sponsor Hari Raya outfits for all our girls. Three outings were organised to First Lady at Tanjong Katong Complex for the girls to do their Hari Raya clothes shopping. They also received matching shawls and new Raya shoes.

## Nuzul Quran

(28th April)

PCWG organized Malam Nuzul Quran to cultivate an understanding about Nuzul Quran in our girls. We invited a guest speaker, Ustaz Muhammad Nuzhan Abdul Halim to share with the girls about how Al-Qur'an could be a form of guidance in their daily lives. One of our girls recited Surah Al-Qadr for the opening of the event.



## Hari Raya Baking

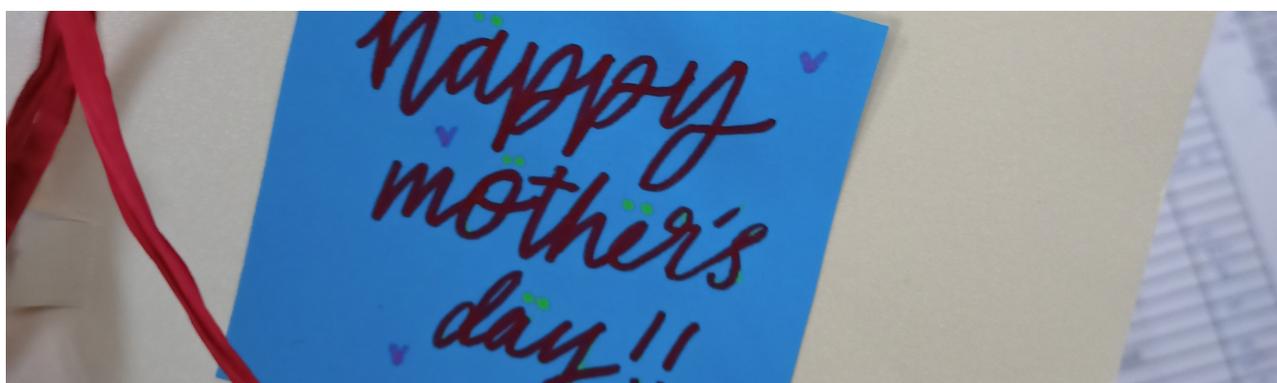
(29th April)

24 girls worked together to make and bake Hari Raya kuih. They were separated into 3 teams of 8 girls and were given a different recipe each. The girls were excited and worked well together with their teammates, doing the weighing, kneading, shaping of the cookies and shared the kuih during Iftar.

## Mother's Day Card Making

(6th May)

The girls gathered to make cards for their mothers as it would be Mother's Day the coming Sunday, 9th May 2021. The girls showcased their creativity and wrote heartfelt messages for their mothers/care givers. They were excited and enthusiastic during the activity, giving each other suggestions and ideas for their cards.



# Centre for Women & Girls

## Hari Raya Decorations

(11th May)

Hari Raya decorations were hung around the MPH area and entrance to liven up the centre in preparation for the Hari Raya celebration on 13th May 2021. The girls worked together to make ketupat using ribbons and hang them up on the ceiling and doors. Festive lights were also hung to brighten up the area.



## Hari Raya Celebration

(13th May)

All the residents performed Solat Hari Raya together on the morning of Hari Raya. After that, some residents went off for their home leave while the remaining in-house girls put on their Hari Raya outfits and gathered in MPH to watch Hari Raya movies and sing Hari Raya songs. Festive cookies were also brought out and shared as they enjoyed themselves with the entertainment.



# Centre for Women & Girls

## Home-Based Learning

(19th May to 28th May)

In light of the Covid-19 Heightened Alert situation, all students have to revert back to Home-Based Learning (HBL). PCWG ensured the residents are properly separated in their individual zones and are strictly monitored to ensure no crossing of zones, social distancing are maintained and remind them to put on their masks during HBL.



## Yoga With ME

(11th June)

10 girls participated in Yoga With ME session which promotes relaxation and de-stressing while also improving flexibility. This activity encourages the participants to practice physical, mental and spiritual discipline with step-by-step guidance by the instructor.



## Centre for Women & Girls

### Henna Drawing Session with Volunteer

(19th & 26th June)

Ms Sarah, our ad-hoc volunteer, came down to the centre and invested her time and attention to interact with our girls and showcased her skills as a Henna Artist. She spent quality time with the girls, getting to know them while drawing Henna art on their hands.



### Games Day @ Tik Tok Challenge

(22nd June)

A group of 5 girls were made leaders and tasked to organise a games day and Tik Tok challenge dedicated to their peers. This day was meant for both residents and staffs to bond and have fun, forging camaraderie and allowing new residents to feel welcome and belonged. It was also for the residents to release their pent-up stress in this tough Covid-19 situation.



# Halfway House

## Sepak Takraw Friendly Match with Simei Veterans Team (4th April)

Sepak Takraw is a traditional sport that can help to improve the residents' cardiovascular fitness and physical coordination. It is also a fun way to increase strength, stamina and endurance.

On 4 April 2021, 4 'regu' teams made up of 12 residents had the opportunity to play against the Simei Veterans Sepak Takraw team. The 3-hour friendly match was conducted at a sepak takraw court in Simei.



# Halfway House

## DFC Gives Back Project

(1st May)

Launched in 2019, Drive for Change (DFC) is a programme under PERTAPIS Halfway House (PHH) supported by the President's Challenge Empowering Life Fund (ELF). It aims to provide residents with a practical skill set and qualification that will enable them to secure better career opportunities which will in turn motivate them to lead healthy, drug-free lives for themselves and their loved ones.

During the month of Ramadhan, DFC partnered with Mamanda Food Solutions to deliver 2 bento sets sponsored by Mamanda, and 1 bag of food ration plus a \$50 NTUC voucher from PERTAPIS to 50 needy families. The recipients are PERTAPIS's registered welfare beneficiaries which include senior citizens and single parents.



Through this initiative, the DFC participants were empowered to be the giver instead of being on the receiving end of assistance. This is an important therapeutic experience that will boost their self-esteem and will conceivably motivate them to be contributing members of the society.



## Ramadan Got Talent (4th & 10th May)

This in-house competition seeks to provide an opportunity for spiritual development of the residents in celebration of the holy month of Ramadhan. PHH residents are invited to participate in categories as follows: Recitation of the Azan (call to prayer) and Quran, Hafalan (memorization) of the Quran, and Pidato (public-speaking).



The auditions were held in April where a total of 28 residents participated, and 5 finalists were selected for each category. For the Recitation of the Azan (call to prayer) and Quran category, the finalists were being judged on their diction, melody, and fluency. As for the Pidato category, they were being judged on their content, eloquence, confidence, and voice projection.

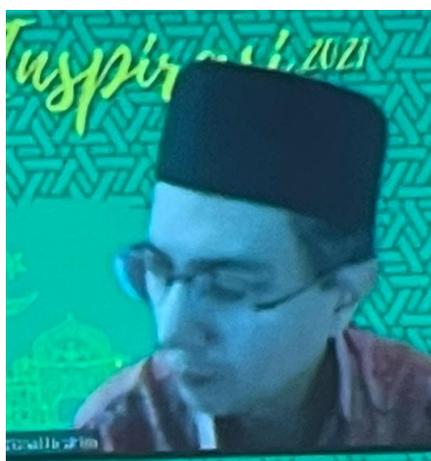


# Halfway House

## Online Inspirasi Series Programme

(4th June)

Building on the success of the Dadah itu Haram Campaign, this online programme was held on 4 June 2021 in conjunction with Hari Raya Aidilfitri. This is a collaboration between Central Narcotics Bureau (CNB), Pertapis Halfway House & Jamiyah Halfway House. Due to the prevailing safety measures, the event was conducted via Zoom.



The event was graced by Minister of State in the Ministry for Home Affairs and the Ministry for National Development, Assoc Prof Dr Muhammad Faishal Ibrahim. Some of the programme highlights include a spectacular appearance by renowned actor Aaron Aziz. Both Prof Faishal and Aaron Aziz had a very interactive session with the residents and shared words of advice to encourage the adoption of better lifestyle choices.



# Halfway House

## Care Pack Distribution for Frontliners (23rd June)

On 23 June 2021, 600 care packs were prepared by residents at Pertapis Halfway House for distribution to frontline officers working at Singapore Changi Airport. The packs were handed out on 28 June at T1 and T3. Mr Mohd Fahmi Aliman, Mayor of South East District joined staff and volunteers during the packing and distribution efforts.

This joint initiative by South East CDC, Pertapis Halfway House and Changi Airport aims to show our support and appreciation to frontliners for their tireless efforts during the fight against COVID-19.



# Senior Citizens' Fellowship Home

## Traditional Kuih Making

(29th April)

Residents of PSCH make traditional kuih for Hari Raya 2021. They made the traditional Makmur cookies and Suji cookies. The residents were excited to make these kuih as they grew up consuming and making these kuihs which allowed them to reminisce of the joyful times they had with their family and loved ones.



## In-kind donation from donor

(30th April)

PSCFH is grateful to still be receiving in-kind donated items from regular donor despite the COVID pandemic. These items will definitely allow for the home to run smoothly. Thank you to our donors!



# Senior Citizens' Fellowship Home

## Iftar Sponsors during Ramadhan

(30th April, 4th & 9th May)

Despite the difficult COVID-19 times, we are fortunate to still have generous members of the public who sponsored meals for our residents to break their fast. Although we are not able to welcome them to break fast together with the residents due to tight COVID measures for vulnerable elderlies, we truly are grateful and appreciate their generosity. Thank you to our Iftar sponsors!



## Kuih Raya Making

(7th May)

Residents of PSCFH did some pineapple tarts and other Kuih Raya from scratch and shared it with fellow residents and staffs. Besides sharing the treats, they also shared how Hari Raya was celebrated back in the kampung days, bringing good memories and smiles to their faces as they recall the good old days.



# Senior Citizens' Fellowship Home

## Donation by Kidz Meadow

(14th May)

Teachers from Kidz Meadow came down to the home to drop off essential donations which will certainly help in the home's operations. We are grateful that they collaborated with us for their contribution to the home!



## Cooking workshop

(17th May)

Residents had the chance to take part in cooking activities which allowed the residents to refresh their memory in cooking traditional Malay dishes. It was a fruitful session and the residents had fun taking part in the activity!



# Senior Citizens' Fellowship Home

## Indoor Garden activity

(15th June)

Residents of PSCFH did an indoor gardening activity – planting of chilli. They were happy to engage in this activity as some of them were farmers during their younger days, and some had their own plantations when they were living in the village. Besides bringing back positive memories to the residents, it trained their motor skills which is of great benefit for the residents.



## Wire Sculpture activity

(18th June)

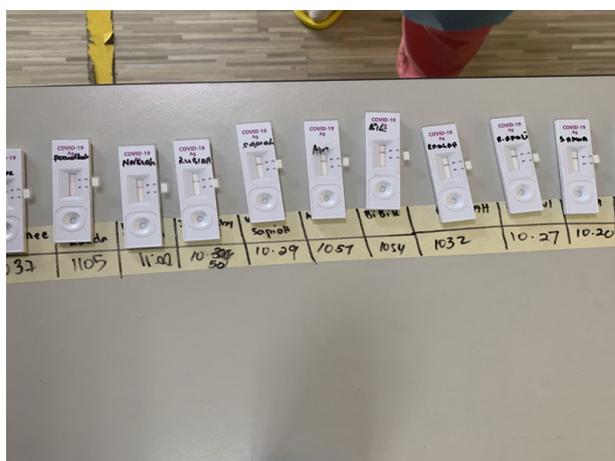
The residents did a wire sculpting activity which was something new and interesting. It was an activity that required patience and certainly trained their hand motor skills. The residents were happy as they were exposed to the different types of art activities available for them to explore.



# Senior Citizens' Fellowship Home

## Antigen Rapid Test Swabbing (25th June)

Residents and staffs were required to undergo the new self-swab method. The staffs did the self-swab on themselves while the residents were assisted by the nursing aides who are certified swabbers. It was a good experience and an eye-opener for the home.



As we get older, we forget that our parents are also getting older. Look after them in old age as they looked after you in your young age.



# Tabung Amal Jariah Community Project

## Pre-Ramadhan Distribution

Before the fasting month, 500 of our current recipients and 100 from the waiting list were invited to collect food rations for the April Habuan distribution.

During this distribution, they received a small amount of cash to ease their preparation for the coming fasting month.



# Tabung Amal Jariah Community Project

## Pre-Hari Raya Distribution

Subsequently, during Ramadhan, 500 current recipients and another 200 from the waiting list came down for their May Habuan collection where additional food items such as Milo, Coffee and Ketupat were distributed to them. They were also given 'duit raya' to help them in their preparation for Hari Raya.



Besides this, the 700 recipients were given the opportunity to choose new Hari Raya clothes donated by members of public and donors such as Second Chance, First Lady and Bimla.

We also received donations of Kurma from generous organizations and members of the public for our recipients to break their fast with.





# Tabung Amal Jariah Community Project

## Pre-Hari Raya Distribution

Donated Kuih Raya from Second Chance and members of public were also distributed to our recipients for them to enjoy the festive season.



Besides these, we received some donations of food ration from generous individuals and groups such as Project Dragon Heart and the Food Bank Singapore, which were distributed to our recipients.



We would like to extend our gratitude to all the donors for their generosity and for lightening up this year's Hari Raya for our recipients.



# Tabung Amal Jariah Community Project

## Pizza Hut Vouchers

In conjunction with Pizza Hut celebrating their 40 years in Singapore, Pizza Hut has donated vouchers for our recipients to redeem personal pan pizzas.



The vouchers were distributed to our TAJ recipients during the June Habuan Distribution.

We would like to congratulate Pizza Hut for their 40 years presence in Singapore and would like to thank them for remembering us here at Pertapis.





# Tabung Amal Jariah Community Project

## Donation by Far East Organisation

In the month of May, some of the TAJ recipients were selected by Far East Organisation to receive a cheque donation of \$500.

The selected recipients are from low-income families with 5 children on average. The recipients were grateful to receive this additional assistance to help them tide through.



## Future TAJ Community Project

As a follow up to the donation by Far East Organisation, those selected recipients are targeted for further assistance. These recipients and their families will be assisted focusing mainly on the following 2 areas:

- |  |   |
|--|---|
| <b>A. Employability</b> <ul style="list-style-type: none"><li>i. Job Employment</li><li>ii. Skills Upgrading</li></ul> | <b>B. Education</b> <ul style="list-style-type: none"><li>i. Explore tuition support at tuition centres close to their residence</li><li>ii. To reach out to families with preschool children with regards to Early Childhood / Preschool education</li></ul> |
|--|---|

This is with the aim to assist them to improve their current predicament through skills upgrading to become more employable; as well as assist their children with the opportunity for a better future through education support.



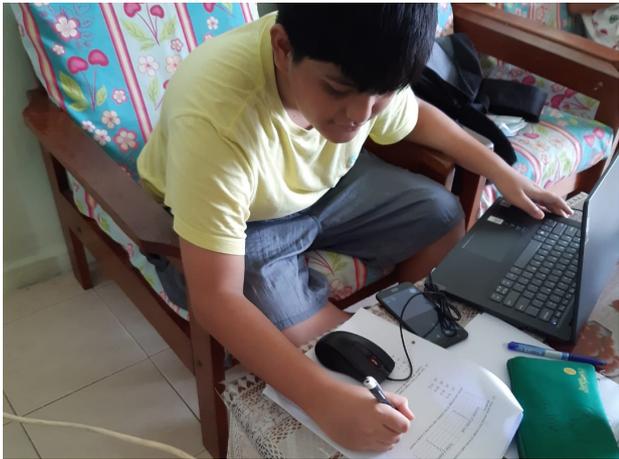
# Tabung Amal Jariah Community Project

## TAJ Tuition

Before the recent spikes in COVID cases that started in May, our TAJ tuition was conducted via face-to-face and online sessions. Then, just before the beginning of the Phase 2 Heightened Alert period, the tuition sessions were ceased as it coincides with the School's June Holidays.

As the country begin its easing of restrictions in Phase 3 Heightened Alert, our TAJ tuition has recently resumed its sessions but via Zoom online sessions.

This is to ensure that the safety of the children and the tutors are not compromised while still providing academic support to the children. 31 children of our TAJ recipients are attending the online sessions with their respective SUSS student-volunteer.

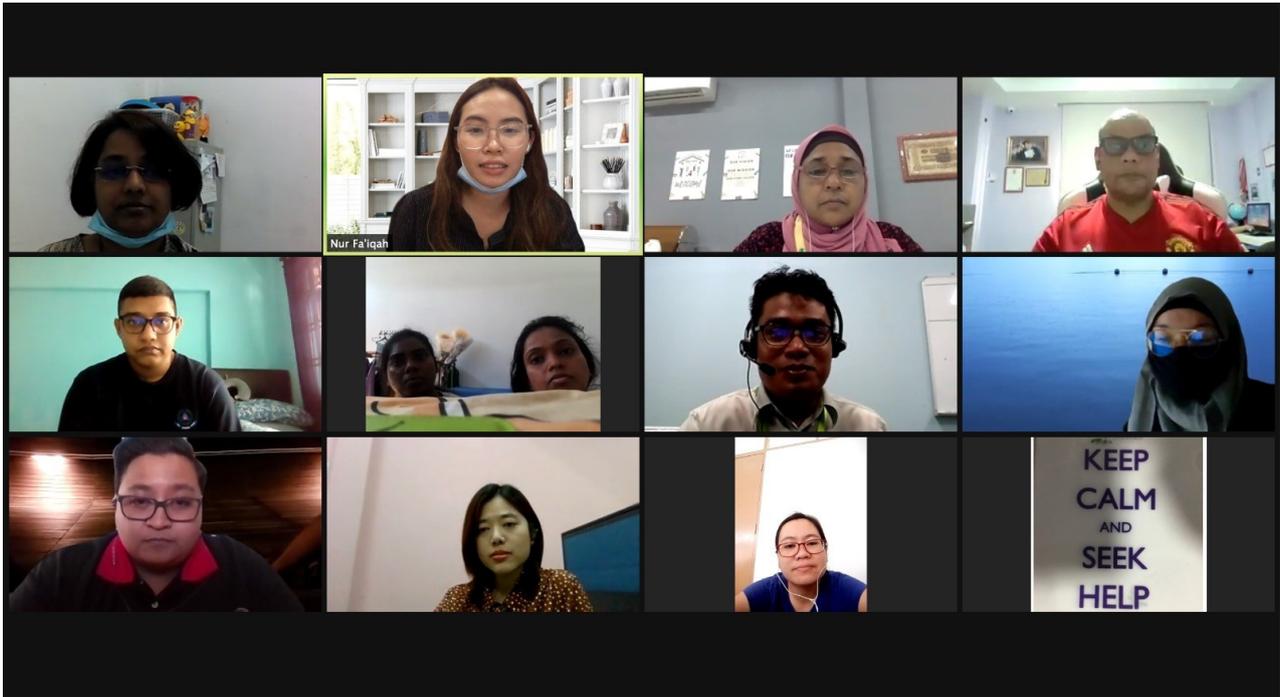




# Counselling & Care Unit

## Social Service Staff Training

PCCU has customised a blended learning platform for PCH Staffs to be coached in Management of Residential & Application Workshop series.



## PERTAPIS is GREEN Campaign

Vision: Educate on saving the planet through Responsible Habits & Sustainability Efforts.

Our welfare homes, headed by their respective Ambassador for Green, has initiated a few initiatives in support of the campaign.



## Counselling & Care Unit

For example, at Pertapis Senior Citizen Fellowship Home (PSCFH), the residents and staffs have started to engage with schools involving plant germination, using reused materials for their Art Therapy program, and have started to make 20 Eco-Brick bottles



Whereas at Pertapis Children's Home (PCH), teachers from Kids Meadow @Yew Tee came down to PCH to volunteer and help in beautifying the in-house garden. Going green doesn't just circle around recycling items but also adding different types of plants.

This way, the residents at PCH are exposed to the various plants, fruits and flowers and are taught to plant on their own. They were given the opportunity to try first hand planting ala kampung!



# Appeal for Donation



## FULFIL YOUR ZAKAT & DONATION ONLINE!

*Donate to PERTAPIS Today!  
Together, We can make a Difference!*

### BANK TRANSFER

Bank Name:

**OCBC**

Account Number:

**661-427229-001**

Branch Code:

**661**

*(Paya Lebar Square)*

Bank Code:

**7339**

Swift Code:

**OCBCSGSG**

\*To enjoy the tax exemption & receive an acknowledgement from us, please indicate your name in the bank transfer message box & email your full name, NRIC number & address to [enquiries@pertapis.org.sg](mailto:enquiries@pertapis.org.sg).



### PAYNOW

Scan the QR code above with your paynow compatible bank app & ensure that the recipient is

**UEN S71SS0014H**

### CHEQUE

Make a  
**CHEQUE** payable to

**“PERTAPIS”**

and mail it to

**Blk 1 Joo Chiat Road  
#04-1001,  
Joo Chiat Complex  
Singapore 420001**

### GIVING.SG



Scan the QR code above to fulfil your zakat & donation online via [giving.sg/pertapis](https://giving.sg/pertapis)

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**PERTAPIS**  
**Newsletter**

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